

THE LANDS AT



Plowing Forward – September 2021

New Hours for Ice Cream Parlor!



Time change for Ice Cream
From September 1, 2021 through
February 28, 2022, our ice cream parlor
will be open during the following hours:

Monday through Thursday
3:00PM – 8:00PM

Friday, Saturday, and Sunday
11:30AM – 8:00PM



Living History Continues through Hillside's Historic Camp & Shoot

Historic Camp and Shoot 2021

Hillside's Historic Camp and Shoot at Spring Brook was held July 31 and August 1. This annual "living history" event represented America during 1750s through 1770s and was based at the farm's remote pastures. Over 40 campers, dressed in period costumes, invited guests to experience daily life long before modern conveniences. Using authentic tools and techniques, campers demonstrated cooking, apothecary, woodworking, blacksmithing, sewing, and hunting. Muzzleloaders were the weapon of choice for the shooting competition. This type of firearm is the oldest on earth and commonly used during the mid-1700s.

Guy Kroll, Director of Events, commented, "Our historic camp and shoot was launched five years ago so visitors could experience a slice of life during the early Revolutionary period. Reading about history is important; experiencing history takes learning to a higher level – it's what makes learning stick! We like to say here at Hillside 'The farm teaches,' and this camp is no exception. Visitors of all ages from throughout our region return each year, often bringing friends and extended family to be part of this unique educational event."

Planning has commenced for Hillside's 2022 Historic Camp and Shoot. Details will be announced early next year.



"Life starts all over again when it gets crisp in the fall."
~F. Scott Fitzgerald



Hillside Mercantile is ready to help you celebrate life this fall season!

Noelle and her staff have handpicked hundreds of unique items to adorn your hearth and home. There are also a stunning variety of carefully chosen wraps and shawls, plus creamy soaps, scents, lotions, and balms.

All products sold at Hillside Mercantile are local or fair trade. We believe in supporting our community businesses and like-minded organizations that emphasize sustainability and quality.

When you buy from Hillside Mercantile, you are investing in our non-profit educational mission.

Hillside Mercantile is far more than a place; it is an experience for the senses. Come visit soon!



Hillside launches calf donation program as part

of global regenerative agriculture effort

For decades, the plight of dairy calves has been a topic of heated debate. More recent (and equally heated) debates surround the dairy industry's contribution to global warming. Both are valid concerns tied to large-scale farming. It is easy to find countless images of factory type farms, massive parched feedlots, and calves isolated in crates. Large-scale farming is tough on the earth and animals.

Yet, when done in cooperation with the earth, farming can restore soil health, reduce carbon outputs, and increase animal welfare. The most efficient and effective way to achieve biodiversity and healthy soil is to have cows on grass. Cows are designed to eat grass and long-stemmed hay, not mounds of processed grain and fillers. Cows on pasture are better for the animals, the environment, and the consumer.



How does Hillside's calf donation program fit into responsible land management?

In January 2021, Hillside Farms partnered with the Robina Institute at Timshel Wildland. This institute is located in Virginia and was created to teach regenerative agriculture. Regenerative agriculture emphasizes properly managed livestock to ensure healthy grass and soil. This method reduces carbon outputs, increases water retention, and expands the biodiversity of species critical to environmental health. Robina Institute is part of the Savory Institute network of demonstration farms created to teach land management methods that support regenerative agriculture.

Not all calves born at Hillside will become part of the dairy herd. In the past, calves not kept at the farm were gifted to small family farms, 4-H programs, and on occasion, sold at auction. Now, excess calves are donated to Timshel Wildland where they will live for several months in rotationally grazed pastures then moved to local farms that use methods which support regenerative agriculture.

To learn more about the Hillside Farms/Timshel Wildland partnership, please watch this short, powerful video. <https://youtu.be/KKgredZQJ-Y>

To learn more about Savory Institute, please click here: <https://savory.global/>

Children's Grief Camp

How Cows and Chickens Help Heal Trauma



This summer concluded the ninth year of Children's Grief Camp. Nearly 50 children from throughout Northeastern Pennsylvania participated in farm-based activities, animal assisted interventions, grief education activities, and counseling. This camp was launched in 2013 to help children who have experienced the loss of a loved one through illness, accident, suicide, or homicide. We also welcome children who are in foster care or who are experiencing life-changing circumstances due to family addiction.

According to the National Alliance for Grieving Children, those children who suffer a significant loss are at greater risk for depression, suicide, substance abuse, and poverty. While at camp, children participate in a variety of farm-based activities such as feeding and watering animals, brushing goats, donkeys, and calves, basic barn care, collecting eggs, and mucking stalls. Reading to the farm animals remains a favorite activity!



Each day includes grief education sessions and emotional support activities. Mental health professionals are available for group sessions and private talks. While these activities are encouraged, they are not required. Children have the freedom to process and progress at their own comfort levels.

What is especially wonderful is the increased support from community members. For several years, Occupational Therapy graduate students from Misericordia University, under the direction of Dr. Jennifer Dessoye, create and facilitate activities to help campers better cope with stress, fear, and anxiety. Graduate students from Marywood University, under the direction of Clancy Harrison, RD, teach campers the importance of nutrition as well as how to make quick and healthy snacks using few ingredients. Clancy Harrison is the founder and executive director of the non-profit, Food Dignity Movement.

Children's Grief Camp would not be possible without the generous support of others who donate time, treasures, and talent. We are deeply grateful to the individuals and family

Plowing Forward - October 2021

In October, Hillside's Executive Director, Chet Mozloom, will host a weekly podcast, Plowing Forward. Chet will welcome a variety of local, regional, and national guests to discuss and debate "all things related to sustainability." Chet will be covering tons of ground! We will keep you posted on social media as we get closer to our launch date.



LUZERNE COUNTY 4-H
& THE LANDS AT HILLSIDE FARMS
PRESENT:

HILLSIDE FARMS 4-H CLUB

Curious about 4-H? Want to learn more
about Hillside Farm's 4-H Club?
Join us for our our informational meeting
on October 19th in the Education Center at
The Lands at Hillside Farms.



**WHO: YOUTH AGES 5-18
INTERESTED IN JOINING 4-H**

**WHEN: TUESDAY, OCTOBER 19TH @
6PM IN THE EDUCATIONAL CENTER**

**4-H offers something for EVERYONE! Project areas
will include cows, chickens, horses, goats, and
much, much more!**

For more information contact
Meghan Carroll, Luzerne County 4-H Educator at
mac1273@psu.edu

This October— America's Largest Youth
Development Organization is coming to
Hillside Farms!

Join us at an information session scheduled for Tuesday, October 19, 6PM
at Hillside Education Center. You do not need to own a farm animal or live on
a farm to be part of 4-H! If you have questions, please reach out to Meghan
Carroll, Luzerne County 4-H Educator at mac1273@psu.edu



The Lands at Hillside Farms is a 412-acre, historic, non profit, educational dairy farm.

EIN: 20-2975553 <http://hillsidefarms.org/donate.php>

Animal Welfare Approved for Dairy Cattle.

We do not sell, rent, or otherwise share your information.

CONNECT WITH US!



The Lands at Hillside Farms | 65 Hillside Road, Shavertown, PA 18708

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Sent by chet@thelandsathillsidefarms.org